Commission on Trauma-Informed Care Meeting

April 21, 2022 10:00 – 11:30am Meeting held Virtually

DRAFT MEETING MINUTES

Members in Attendance:

Jessica Wheeler, Chairperson

Ulysses Archie

Debbie Badawi

Councilmember Zeke Cohen

Sessica Lertora

Katie O'Mailey

Christina Peusch

Claudia Remington

Mike Demidenko (Secretary Padilla's Kristen Robb-McGrath (Secretary Beatty's

designee) designee)

Tara Doaty Matila Sackor-Jones

Elizabeth Guroff Walt Salee (Superintendent Choudhury's

Joyce Harrision designee)

Inga James Frederick Strieder

Colonel Woodrow Jones D'Lisa Worthy (Secretary Schrader's

Frank Kros designee)

Miles Lawrence (Secretary Abed's designee)

Commission Staff:

Christina Drushel Williams Christine Fogle Kelly Gorman

I. Welcoming Remarks

Ms. Wheeler opened the Commission on Trauma-Informed Care meeting and welcomed members and guests. Ms. Wheeler introduced Christine (Christi) Fogle who is the lead staff member for the Commission.

II. Roll Call/Introductions

Ms. Gorman took attendance and confirmed that a quorum was present.

III. Approval of Minutes

Ms. Remington suggested an edit to the March meeting minutes to include the Commission's discussion on a larger visioning meeting. Mr. Strieder made a motion to approve the March 17, 2022 meeting minutes with the edit. Mr. Archie seconded the motion. All were in favor and the minutes were approved.

IV. Review of Commission on Trauma-Informed Care Timeline

Ms. Fogle reviewed the Commission's timeline with members. Ms. Fogle will begin drafting the Commission's report and a draft will be shared with Commissioners prior to the next meeting to submit any edits and/or feedback. The Commission will vote on the final draft of the report during the meeting on May 19, 2022.

V. Vote on SAMHSA guidance on Trauma Informed Approaches

The Commission discussed whether to adopt the 6 Principles and 10 Implementation Domains of the SAMHSA Guidance on Trauma Informed Approaches to serve as a framework for the rest of the work of the Commission. The Commission's discussion of adopting SAMHSA principles included considering a shift from the SAMHSA orientation to clinical providers to one that has an organizational perspective.

The Commission identified important themes that need to be emphasized in every principle. These are:

- Inclusion of the voice of lived experiences
 - o "Nothing about us without us"
- Equity, accessibility, and anti-racism

The Commission decided to discuss each principle and its description separately:

Principles:

1. Safety

Ms. Peush made a motion to approve the Safety principle with the addition of "Physical, Psychological, Emotional, Social, Moral and Cultural Safety" in the principle explanation. Mr. Archie seconded the motion. All were in favor and this principle was adopted.

2. Trustworthiness and Transparency

Mr. Archie made a motion to approve the "Trustworthiness and Transparency" principle with the addition of "Community" in the principle explanation. Ms.

- Robb-McGrath seconded the motion. All were in favor and this principle was adopted.
- 3. **Peer Support** A motion to adopt this principle was made by Ms. Badawi and seconded by Ms. Guroff. During discussion, members agreed to table this vote until a future meeting.
- 4. **Collaboration and Mutuality** A motion was made by Ms. Guroff to adopt this principle and seconded by Ms. Sackor-Jones. During discussion, members agreed to table this vote until a future meeting.
- 5. **Empowerment, Voice, and Choice** A motion made by Ms. Guroff to adopt this principle and seconded by Mr. Kros. During discussion, members agreed to table this vote until a future meeting.
- 6. **Cultural, Historical, and Gender Issues** A motion made by Mr. Kros to adopt this principle and was seconded by Ms. Worthy. During discussion, members agreed to table this vote until a future meeting.

Implementation Domains:

After further discussion, the Commission decided they are not ready to vote on the implementation domains. The Commission requested more time to review the implementation domains and take a vote at a future meeting. Ms. Badawi made a motion to table this vote until the May 19th Commission meeting. Ms. Guroff seconded the motion. All were in favor and the vote was postponed.

Commission members felt strongly that establishing a mission and vision statement is needed to inform proposed framework amendments and Commission work moving forward. In the interim, Commission members are to take an in depth review of the SAMHSA Guidance and submit specific language edits and feedback to Commission staff by May 9, 2022.

VI. Agency Reports to Commission

Ms. Fogle provided a summary of the agency reports to the Commission:

- 1. Definitions and Terms
 - Six N/A or awaiting direction
 - Four no response
 - Five provided wide range of definitions
- 2. Training Curriculum and Implementation -
 - Five of 15 agencies provided curricula
 - Implementation is varied
- 3. Trauma-Informed Initiatives and Framework Implementation

- Five of 15 agencies have initiatives
- Wide array of initiatives
- 4. Designated Agency Staff
 - Each agency selected their two designated staff
 - Many will require more guidance

Members of the Commission requested access to the agency reports for review. Commission staff will share the agency reports with Commission members.

VII. Workgroup Report Outs and Updates

Due to time constraints, workgroups were unable to provide updates during the meeting. Below is what was submitted prior to the meeting:

a. Definitions & Core Values - Chair Position is Vacant
 Ms. Fogle reported that the Definitions & Core Values workgroup has created a spreadsheet of terms and proposed definitions.

The workgroup began review of the definitions provided by the agency reports. The workgroup determined a need for a systems-level definition of basic terminology as a starting point to be followed by more specific terms and definitions.

Action Step: The workgroup members will review the agency definitions more closely before the next meeting for discussion at the next meeting.

The workgroup also discussed proposing a developmental framework to become a trauma-informed state agency or organization, similar to those developed by Missouri, Delaware, and Pennsylvania. which will be investigated by workgroup members before the next workgroup meeting and discussed in more depth at that time. The Palm Beach County Public Health Approach to Fighting ACEs and Resilient Wisconsin were suggested as helpful plans for state and local governments becoming trauma-informed.

Action Step: The workgroup members plan to review the proposed models, and others that may be identified.

The next meeting of the Definitions and Core Values Workgroup will be held Monday, May 2nd at 11am. This workgroup Chair position is still open.

b. *Metrics & Assessment* - Kay Conners & Margo Calendria No update was provided.

c. Training - Amie Myrick & Janice Goldwater

The workgroup discussed utilizing the Brave Heart exercise to check in with members about different trauma-informed principles. The workgroup plans to try this, as well as a grounding exercise, at their next meeting. The workgroup will send out more information on The Brave Heart exercise

Action Step: The group agreed to share this activity as a recommendation to the larger Commision for its monthly meeting.

The workgroup utilizes Jamboard as a place to put ideas, questions, and any other information before, during, or after meetings. The workgroup discussed potential training outcomes including attitudes towards trauma-informed approaches and the implementation of trauma-informed and culturally appropriate policies. The group discussed the need to better understand its role and the Commission's expectations as well as:

- the need for agreed upon language trauma-informed, trauma-sensitive, etc?
- a needs assessment
- whether trainers will be from Maryland (and the importance of this)
- whether there is a need for a new curriculum, or more of a need for the development of partnerships and a technical assistance model

The group agreed that cross-agency training will be an important piece of the training program, as not all agencies will need the same thing nor will it be appropriate to approach trauma-informed care the same way.

Action Step: The group agreed on visioning and will make a recommendation for the larger Commission to do the same. The GAINS Center was recommended as a program to review.

d. ACE Aware - Carrie Freshour

Ms. Freshour has accepted the role of Chair for the ACE Aware Workgroup. She met with Commission staff to discuss the purpose of the workgroup, the role of the chair and the direction for the workgroup. The committee will be having their second meeting on April 18, 2022 at 10 am. In preparation, the Chair has sent out a brief questionnaire to workgroup members with the goals of assuring all pertinent players are at the table and to create direction for the first meeting.

- e. *Operational Implementation & Technical Assistance* Elizabeth Guroff, Inga James, & Dr. Michael Sinclair No update was provided.
- f. *Public Awareness* Ulysses Archie No update was provided.

VIII. Next Steps

Commission members are to review the SAMHSA guidance on trauma-informed approaches and submit any language edits or feedback to Commission staff by May 9, 2022.

Commission members proposed a one-day in person meeting to serve as a visioning and strategizing session to guide the rest of the work of the Commission. Commission staff will begin looking at potential dates.

Workgroups will continue to meet in between Commission meetings.

- Submit workgroup findings and recommendations for inclusion in the final report by May 9, 2022.
- Workgroup Chairs are to submit a written update to Commission staff by May 9, 2022 for inclusion in meeting minutes prior to the May Commission meeting.

The draft legislative report will be sent to the Commissioners along with the SAMHSA suggested comments and other meeting materials on or before May 16, 2022.

Commissioner comments must be submitted to Commission staff by May 18, 2022.

IX. Closing Remarks

The next Commission on Trauma-Informed Care meeting is on Thursday, May 19, 2022 at 10:00 am. The focus of May's meeting is to review any report edits and feedback to the Commission report draft for submission in June.

X. Adjournment

The meeting was adjourned at 11:30 a.m.

Resources & Links

- Link to the Training Workgroup Jamboard
- Link to Public Awareness Workgroup Webpage
- Link to Commission on Trauma-Informed Care